

# 24/7 HD

User Handbook

 **Nightingale**



**24/7 Series**

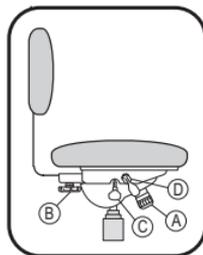
[nightingalechairs.com](http://nightingalechairs.com)

# Congratulations, this 24/7hd™ is yours.

Please read and understand this user handbook  
before operating this office chair.



24/7hd-HR



24/7hd

# Using & Adjusting Your 24/7hd™



A

## Tension Knob

Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



B

## Seat Depth Adjustment

Loosen hand wheel (do not remove) and slide back to desired position, then re-tighten hand wheel.



C

## Pneumatic Height Adjustment

To lower, lift paddle while seated. To raise, lift paddle with your weight off seat.



D

## Infinite Position Tilt Lock

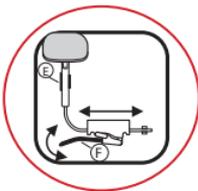
To lock chair in position, push paddle down, to allow free movement, pull paddle up.



E

## Arm Height Adjustment

Turn clockwise to raise, counter clockwise to lower.



F

## Horizontal Arm Adjustment

Simple finger-tip lever easily allows for horizontal arm adjustment while sitting. To adjust arm width, push lever down, move arm to desired position and pull lever up to lock.



G

## Ratchet Height Adjustable Headrest

Lift headrest to desired position and headrest locks automatically. To lower headrest lift to top position and headrest can then be lowered to lowest position.

# Care Instructions

With regular care and maintenance, your 24/7™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning instructions outlined here.

## Mechanism

Oil sparingly moving parts once a year with light machine oil.

NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

## Fabric

Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

## Plastic Parts

To clean, spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

## Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\*The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.

FOR MORE INFORMATION, PLEASE VISIT

[www.nightingalechairs.com](http://www.nightingalechairs.com)



**Nightingale Corp.**

T 1.800.363.8954

F 1.800.637.6784

[www.nightingalechairs.com](http://www.nightingalechairs.com)

[info@nightingalechairs.com](mailto:info@nightingalechairs.com)



RECYCLABLE