

# Nightingale Highlights

OCTOBER 2023



**BLESS 2100D**



**BLESS 2100**



**MALIBU 2200**



**FRIO 2300D**



**FRIO 2300**

**Say hello to Nightingale's  
New Sit/Stand Chairs**



# TOP 5

## Reasons to sit in a chair before buying it.

### 1 | LOTS OF CHAIRS LOOK GOOD BUT HOW DO THEY FEEL?

The appearance of a chair can certainly be important, but its comfort is equally, if not more, significant. What feels comfortable to one person may not be the same for another. It's essential to find a chair that suits your body type, posture, and individual comfort preferences.

### 2 | BUYING A GOOD CHAIR IS LIKE BUYING SHOES. DOES IT FIT ME?

In both cases, the goal is to find something that feels right for you. It's worth taking the time to research, try out different options, and invest in a quality product that meets your specific needs and preferences.

### 3 | THE BEST WAY TO DECIDE ON A CHAIR IS THE SIT TEST. IS IT COMFORTABLE?

If possible, spend some time sitting in the chair to get a real sense of how it feels before making a decision on whether to buy it or not.

### 4 | YOU MAY WANT TO ENHANCE THE PRODUCT WITH AN OPTION OF A SELECT UPHOLSTERY MATERIAL.

Nightingale offers a selection of upholstery materials that can greatly enhance the appeal and customization options of the chair. This allows our customers to choose a material that not only complements their style but also meets their comfort preferences.

### 5 | OUR PRODUCTS SELL THEMSELVES, NOT BECAUSE OF FLASHY MARKETING.

Our products fulfill a genuine need, provide exceptional value, and offer a unique and compelling solution to our customers. Our products have a strong value proposition and resonate with our customers. This is a testament to the quality and innovation that Nightingale brings to the office furniture market.

# Say hello to Nightingale's New Sit/Stand Chairs

Nightingale's stool line has expanded to include stool models of the Bless, Malibu and Frio. Users can now experience the classic ergonomic benefits of these task chairs in an innovative sit/stand design. The stool structure promotes mobility, reduces pressure points and increases productivity by encouraging users to alternate between seated and standing positions.

Nightingale is excited to grow its sit-to-stand seating line with the addition of the Bless, Malibu and Frio stools.



**BLESS 2100-DS & 2100D-DS:** Caters to high-performance tasks and exceeds the needs of an active work environment. Its unique integrated vertical adjustable lumbar support in the chair's back allows for simple adjustment throughout the day. Optional adjustable headrest.

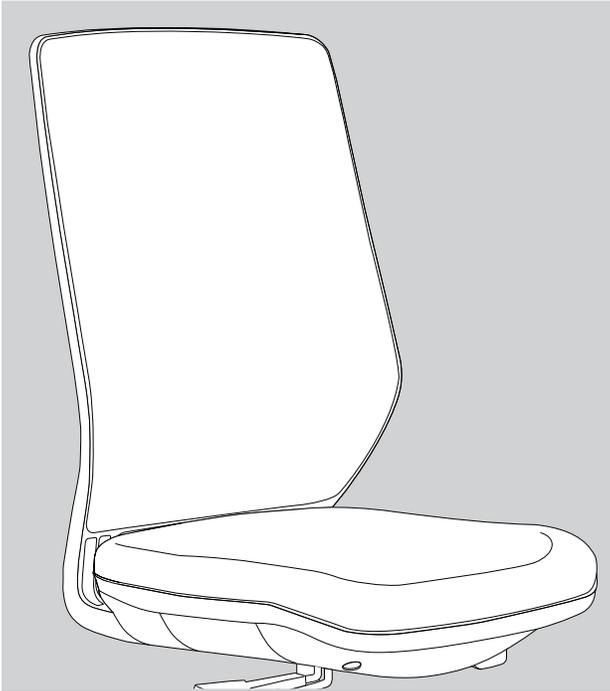
**FRIO 2300-DS & 2300D-DS:** Built for long-lasting comfort that helps you stay calm and focused throughout the day. Its many adjustable components (such as back height) help the user customize their chair to best support them as they slide into their work-groove with ease. Optional adjustable headrest.



**MALIBU 2200-DS & 2200-07-DS:** Mid-backed ergonomic task chair designed to facilitate freedom and flexibility throughout the workday. Its unique perforated high flexion back allows for breathability, supports dynamic movement and enables spine health.

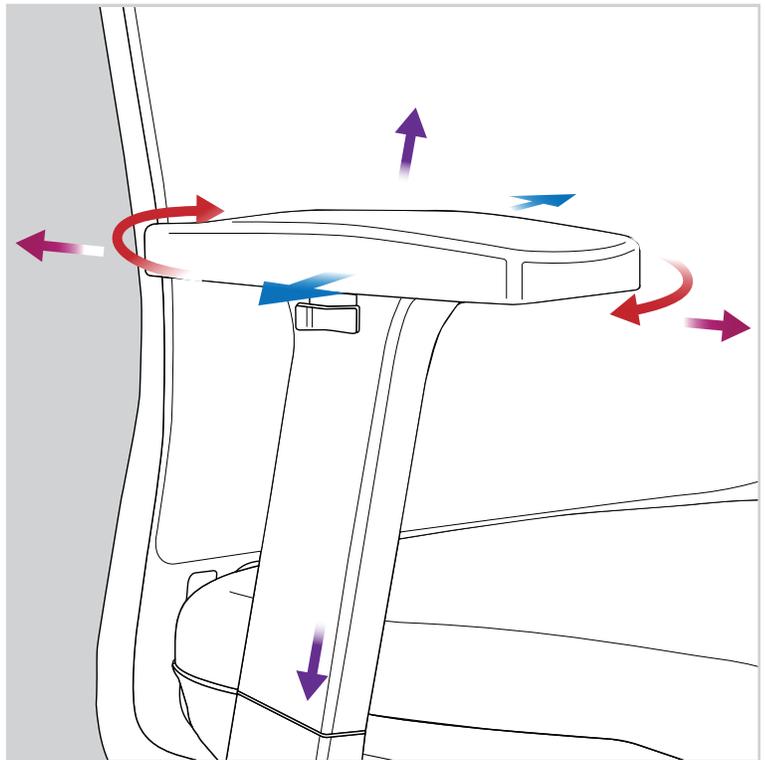


# Say hello to Nightingale's New Sit/Stand Chairs continued

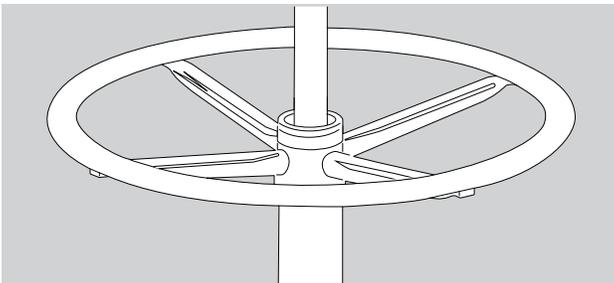


All three stools are available with or without arms

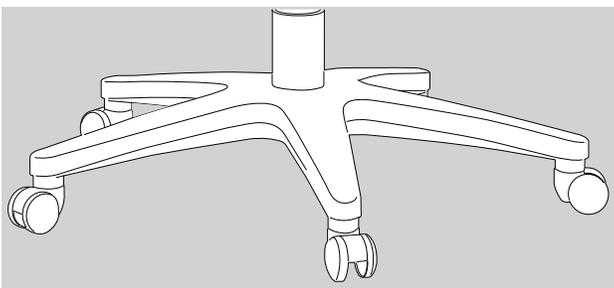
ALL THREE STOOLS SHARE THE FOLLOWING STANDARD FEATURES:



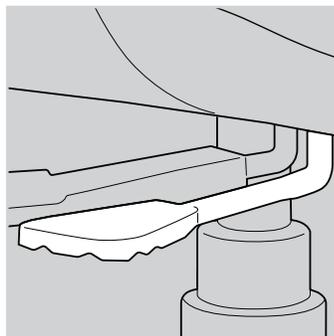
4-way adjustable arms for full range movement



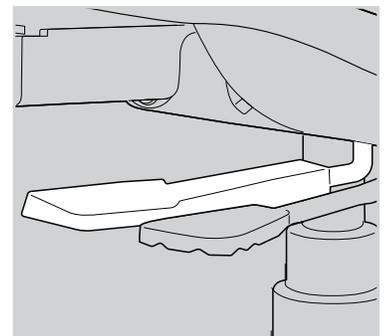
Height adjustable, heavy duty foot ring



Sturdy nylon base with standard dual-wheel carpet casters



Seat slide adjustment mechanism



Swivel mechanism with 8" pneumatic height adjustment

# How to Use the "4D" Arm

## Four Directional and Fully Adjustable

### HEIGHT ADJUSTMENT



The armrest of your chair should be adjusted to a height that allows your arms to rest in a natural and comfortable position in relation to your work surface. To check, place your elbows on the armrest and your hands on your keyboard in a typing position. If your hands are above the bend of your elbow the armrest is too high, lower it slightly.

### DEPTH ADJUSTMENT



Having an armrest/arm that adjusts for depth is a great tool for those who need to get closer to their work surface. When typing, mousing or writing, the best way to avoid injuries from repetitive stress is to ensure your arms are supported and allowed to be in a natural position. Sliding your armrests/arms towards the back of your chair allows the user to move closer to their work surface without reaching. The depth adjustment should have a minimum 2" travel, 3" for arms with larger armrests.

### ROTATIONAL OR PIVOT ADJUSTMENT



Arm angle or armrest pivot adds another level of adjustment that ensures the user will be in the best possible ergonomic position while seated. This adjustment should have a minimum range of 30° and be accomplished easily while in a seated position. This adjustment is great for anyone that dedicates a lot of their day to the keyboard, from data entry to hardcore gamers. It allows you to get into a comfortable, natural, ergonomic position.

### WIDTH ADJUSTMENT



The width of your arms/armrest should be adjusted so that your arms are supported when at a natural rest position. You do not want your arms to be too far out or too close in relation to your torso.

***You can find 4D arms standard on many Nightingale models. Most notably on our CXO and IC2. It is also one of the 3 arm options found on our newest award winner, the NLC.***

For any questions, tips or advice please feel free to contact one of our outstanding customer care specialists, [customercare@nightingalechairs.com](mailto:customercare@nightingalechairs.com)

# Enjoy the EC3



EC3-335D-A



EC3-335-A

Nightingale's EC3 is a sophisticated executive and conference chair series. Its clean lines and simplistic aesthetic make the EC3 a timeless design for the modern workspace. Available in mid-back executive, high back executive, and high-back executive with adjustable arms, there is an EC3 model fit for any office or conference room needs.

The EC3's unique steel tube frame construction with multiple inner springs allows the chair to flex and move with the user, no matter their sitting position. The chair's synchro-swivel tilt mechanism allows the seat and back to tilt simultaneously to provide the user with continual support. The sleek mechanism also features multi-position tilt-lock with slow release, pneumatic height adjustment and side tension control. The pneumatic height adjustment allows you to easily adjust the chair for ideal posture and comfort.

The EC3's support extends into the back of the chair where there is a dynamic, self-adjusting spring system built into the molded foam for dynamic lumbar support. The chair's high density, high resiliency molded back and headrest (335D) features a top layer of Enersorb™ foam for additional comfort.

Its sophisticated design is enhanced by polished contoured aluminum arms with polyurethane or optional leather/vinyl arm pads that provide the user with support and

comfort. Optional 3D arms (335D-A) are height-adjustable with lockable swivel and have forward/backward movement. The 3D arms are capped with polyurethane arm pads for durability and support.

The EC3 can be upholstered with any of Nightingale's high-quality textiles, vinyls or leathers. Customize your chair with our wide range of textile colors and grades.



The EC3 series includes enhanced seating comfort with Enersorb topper.

Please visit [www.nightingalechairs.com](http://www.nightingalechairs.com) to use the My Chair Maker app to customize your EC3 and explore the entire EC Series along with all of Nightingale's products.

## ABOUT US

Founded in 1928, Nightingale is a contract seating manufacturer that puts purpose before profit. By collaborating with top designers, engineers and research teams, we create quality ergonomic products that are good for your body and the planet. Nightingale is one of the country's Greenest Employers and is committed to building products with minimal carbon footprints that are recyclable, sustainable and durable. All our products are made in our waste-free facility powered by clean energy. As one of the country's Best Managed companies, Nightingale's commitment to comfort, quality and innovation drives our vision to be a global industry leader.

We invite you to visit us at [www.nightingalechairs.com](http://www.nightingalechairs.com) to view all our quality seating options, obtain virtual literature, use the My Chair Maker app, learn more about our green initiatives and discover Nightingale's story.



## CONTACT

General Information

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